

**COVID-19 UPDATE:** Academy members have the option of attending the Academy onsite or continuing with online services. For more information about our Phase I Safety Guidelines on the Academy's website: [AcademySRQ.org](http://AcademySRQ.org). These guidelines have been established based on consensus by Academy members, staff and Board of Directors. They are subject to change at the discretion of the Academy community. These guidelines will be reevaluated on an ongoing basis and are subject to future modification. We Are Stronger Together.

## GLAD TO BE BACK OPEN



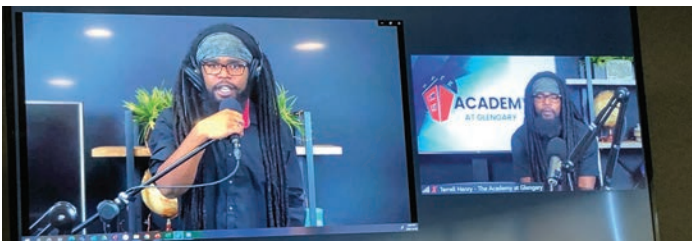
## CLUBHOUSE U.S.A.

With the 2020 USA Clubhouse Conference behind us, we are catching our collective breath and reflecting on the unique experience. If there is a silver lining to this new reliance on the virtual platform, it is the unlimited accessibility. The conference was attended by thousands of people, garnering follow-up interest in our own Academy presenters by Clubhouse members and staff from all over the country.

With humor and intellect, Academy member Eric Flanagan, along with Program Coordinator Jeffrey Jean, presented on our expanding use of technology to engage members who choose to participate from their homes. Terrell Henry brought down the house with his inspiring speech, followed by an original song that he wrote specifically for Clubhouse. We are so pleased by how well these guys represented us!



(left to right) Jeffrey Jean, William McKeever, and Eric Flanagan.



Terrell Henry performing his original song.

## WELCOME Frank Taliercio



Frank Taliercio

Hello and greetings, my name is Frank. I learned about the Academy through my counselor at Centerstone. This place has been a Godsend for me. When I initially took my tour of the Academy, everyone here was very welcoming. The staff explained clearly what services they offer and came up with a plan to help me become employed and learn various skills such as how to create a PowerPoint and basic computer graphics. Everyday I have the option to choose between participating in Culinary, Business technology, Arts, or Multimedia. I get bored very easily, so having these options, as well as the freedom to choose various projects, is ideal.

## Saturday, October 10



# GET READY FOR WORK

In the era of COVID-19, many have had to rethink their employment goals. Some have found themselves unexpectedly needing to transition into a new line of work, and some are choosing to take some time to reflect and refocus before jumping back into employment. Whether you are ready to hit the ground running towards your dream job, or take a more cautious approach towards employment, now is a great time to brush up on interviewing skills, perfect your resume, learn communication strategies, or discover ways to manage anxiety in the workplace.

Weekly employment workshops offer all of this and more! Each week, we delve into topics that will set members up for success. They say that success is where preparation and opportunity meet. Let's take this opportunity to prepare, and become our best selves on the job!

# DESIGN WITH A PURPOSE

by Chantel Gingerich

When the opportunity arose to design a logo for our participation in the World Mental Health Day event, I was quick to offer help. I got really excited and happy to design a T-shirt that will be worn by six local non-profit organizations, including the Academy, as we walk across the Ringling Causeway bridge. Our goal is to bring visibility to mental health awareness.

I've been learning a lot about Adobe InDesign, and how to choose complementary colors. First, I sketched my idea out on paper. I drew it by hand and it looked pretty cool. Our Arts instructor, Joanne, helped me to create the design on the computer. I can't wait to get the T-shirts and see how they look. I am really going to enjoy the Academy's participation in World Mental Health Day. I hope that I'll get to design more things at the Academy.



Chantel Gingerich puts the final tweaks on the artwork for the World Mental Health Day t-shirts.

## HYBRID WORK-ORDERED DAY

All events take place on-site at the Academy and through the Zoom app. Watch Slack for Meeting ID and Password.

### Monday, October 12

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:45 a.m.  
(Bus & Tech/Arts & Multimedia/Culinary)  
Individual Team Meetings - 1:30 p.m.  
(Bus & Tech/Arts & Multimedia/Culinary)

### Tuesday, October 13

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:45 a.m.  
(Bus & Tech/Arts & Multimedia/Culinary)  
Academy Meeting - 1:30 p.m.  
Individual Team Meetings - 2 p.m.  
(Bus & Tech/Arts & Multimedia/Culinary)

### Wednesday, October 14

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:45 a.m.  
(Bus & Tech/Arts & Multimedia/Culinary)  
Newsroom Meeting - 11 a.m.  
Menu Planning Meeting - 11:45 a.m.  
Individual Team Meetings - 1:30 p.m.  
(Bus & Tech/Arts & Multimedia/Culinary)  
Wellness Wednesday Workshop - 3 p.m.

### Thursday, October 15

Morning Meeting - 9 a.m.  
Individual Team Meetings - 9:45 a.m.  
(Bus & Tech/Arts & Multimedia/Culinary)  
Individual Team Meetings - 1:30 p.m.  
(Bus & Tech/Arts & Multimedia/Culinary)

### Friday, October 16

Breakfast Buffet - 8:45 a.m.  
Morning Meeting - 9 a.m.  
Individual Team Meetings - 10 a.m.  
(Bus & Tech/Arts & Multimedia/Culinary)  
Employment Workshop - 11 a.m.  
Individual Team Meetings - 1:30 p.m.  
(Bus & Tech/Arts & Multimedia/Culinary)  
Writer's Workshop - 1:30 p.m.

# TO MAKE A DONATION

visit our website

[AcademySRQ.org](https://AcademySRQ.org)

and click on the  button

*Thank you for transforming lives!*

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