

Glengary TIMES

JULY 16, 2021

COVID-19 UPDATE: The Academy is open regular hours of Monday through Friday, 8 a.m. - 4 p.m. using screening and safety protocols. For more information about our Phase I Safety Guidelines on the Academy's website: AcademySRQ.org.



HOPE CLUBHOUSE VISITS

We were excited to see our friends again from Hope Clubhouse in Ft. Myers. A group of staff and members came for a tour of the Academy, worked in the teams and enjoyed lunch. It's wonderful to share what our clubhouses are doing and learn what projects and initiatives are happening. And the members of Hope Clubhouse are so thoughtful. They brought us an assortment of plants for our garden. On a previous visit, they brought a few banana plants that have now grown to over 10 feet tall! Thank you, Hope Clubhouse. We'll visit you soon!



Sherri Cooner with Academy member Paul Hennekes



(left to right) Ryan Benefiel, Hugh Ryan, Brandi Harris, Sherri Cooner, Evan Marrero and Academy member Candy El-Azzaoui

ACADEMY READY FOR HURRICANE SEASON



The Academy monitors any tropical storm or hurricane activity that may affect our area. This is not just to prepare our facility, but to ensure that members are aware of possible storm conditions and that they have a safe place to go if they must evacuate their home. Last week saw Hurricane Elsa pass by our area not far off shore and we put our plans into action. The long July 4th weekend was approaching, so everyone was called together on Friday to discuss our plans, ask questions and update contact information. The Academy has a number of members who know the drill, but also has quite a few members for whom this is all new. Everyone wanted to know how they will receive information. Fortunately, the Academy has many avenues to disseminate information. The website and Facebook will have the latest information on Academy closures and reopening. Another way is the app called Slack. This is an internal messaging app and all members are encouraged to download and install it when they begin membership. It's a great way to communicate quickly with our community or directly message with specific individuals. And, of course, there is the old-fashioned phone call and text message method. In most instances, staff utilize all the methods of communication. Some members may have felt overwhelmed by the redundancy, but we erred on the side of caution. Hurricane Elsa did not cause any significant damage to our area, but certainly could have. The decision to close for two days was made out of an abundance of caution, in part because the local weather forecast called for heavy winds and rain, but also because the area transit system services were suspended, so many of our members could not attend even if the Academy was open. By good luck, our first storm of the season was mild and gave us practice for the future.



Bring your non-perishable items to the Academy Monday through Friday, 8 a.m. - 4 p.m.

Thank you for your support.

TYPEFACE OR FONT?

by Candy El-Azzaoui

Academy staff Joanne Campbell and Dariel Paredes alternate their Monday at 3 p.m. workshops between graphic design and multimedia topics. In Joanne's graphic design workshops this past month, we have been learning about typefaces and fonts (what the letters look like.) It has been so much fun and innovative. Joanne has shown us different ways we can use letter spacing, sizing, capitalization, tracking and other tricks of the trade. Instead of just words, they become design elements.

We also learned how to put pictures into words and letters. Through these workshops, we are developing skills that will help us in future jobs. Here's an example of one design I made recently.



Wellness

This week's Wellness Wednesday focused on fitness, and it included a rousing game of Fitball. This was like a cross between hot potato and musical chairs. Music played as we stood in a circle and passed a beach ball that had assorted fitness moves written on it. Whoever had the ball when the music stopped had to perform the exercise that was closest to their thumb. We lunged, jumped and stretched our way to better health. If laughter were an Olympic sport, we would all be gold medalists!



Playing Fitball Fun are (left to right) Vanessa Alcantara, Patty Haltinner, Candy El-Azzaoui, Stephen Anderson, Ben Burnside, Geoffrey Gold, Jules Meyers and Jodi-lee Weiss



The Academy at Glengary is accredited by Clubhouse International and is made possible by a Public-Private Partnership. This newsletter is designed and printed on-site by the Arts and Communication team.

All events take place on-site at the Academy and through the Zoom app. Watch Slack for Meeting ID and Password.

Monday, July 19

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:45 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Graphic Design/Multimedia Workshop - 3 p.m.

Tuesday, July 20

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:45 a.m.
Academy Meeting - 1:30 p.m.
Individual Team Meetings - 2 p.m.

Wednesday, July 21

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:45 a.m.
Newsroom Meeting - 11 a.m.
Menu Planning Meeting - 11:45 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Wellness Wednesday Workshop - 3 p.m.

Thursday, July 22

Morning Meeting - 9 a.m.
Individual Team Meetings - 9:45 a.m.
Multimedia Projects Planning - 11 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.

Friday, July 23

Breakfast Buffet and Morning Meeting - 9 a.m.
Individual Team Meetings - 10 a.m.
Super Chill Free-write Writer's Workshop - 11 a.m.
Graphic Des/Multimedia Team Meeting - 1:15 p.m.
Bus & Tech/Culinary Team Meetings - 1:30 p.m.
Spanish Workshop - 3 p.m.

Wednesday, September 29

Academy Telethon - 7 p.m.

TO MAKE A DONATION

visit our website

AcademySRQ.org

and click on the  button

Thank you for transforming lives!

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